What is the ThinkGive Challenge?

ThinkGive is a non-profit organization whose mission is to inspire young people to make giving a way of life. Through ThinkGive Challenges, children in grades 4-8 are able to experience what it means to impact others—not by giving away things but by giving of themselves through mindful acts of kindness such as their time, a kind word, or their help. The program is impactful, collaborative, and hands-on. The results? Young people learn to look outward, lead with kindness and empathy, and understand the potential of their impact on the world.

The ThinkGive Challenge has three key components:

- 1. THINK (In-class Curriculum): Teachers deliver curriculum to introduce concepts of giving and lead discussion. Students are directed to give acts of kindness according to specific themes (give to a friend, someone you respect, etc.) that move them from giving to those in their comfort zone (friends and family) to those in their "courage zone" (acquaintances, community, etc.). At the same time, students are encouraged to give spontaneously and anonymously so they are giving not for the expectation of reward but for the act of giving itself.
- 2. **GIVE (Individual Action):** After each prompt, students give their gift. This experiential learning empowers young people: they decide what to give; they see the impact their actions have on others; and they discover how it feels to make a difference. It is the magic of the ThinkGive Challenge.
- 3. SHARE and LEARN (Team Collaboration): Each student is assigned a personalized page on the ThinkGive website, akin to a Facebook page. Students record their gifts on their pages, then visit their Team Page to see and comment on their classmates' gifts. This social networking component enables young people to engage with, share, and learn from their peers in a secure and teacher-monitored environment.

How does it work?

ThinkGive works with teachers to run the Challenge that best suits their students, classroom, and schedules. The program can be standalone or integrated with an existing character education or Social Emotional Learning curriculum. Each teacher/school receives training and access to the ThinkGive website, corresponding curriculum content including slides and videos, and a contact person to work with throughout the Challenge.

How can I learn more?

We look forward to connecting with you!

Visit <u>www.thinkgiveproject.org</u> Email info@thinkgiveproject.org

Call 978-460-4345

What People Are Saying About ThinkGive



Students

"The Challenge had a big effect on me. It made me think more about the world and the people around me."

— 5th grade Challenge participant

"I have learned how my actions can result in someone having a good or bad day. I learned that my actions are powerful."

— 6th grade Challenge participant

"The ThinkGive Challenge has and will help me to be a more considerate, thoughtful, and compassionate person. Knowing the positive effects I can have on a person is truly amazing."

- 7th grade Challenge participant

Teachers

"ThinkGive provides an authentic learning experience for children to fully understand the impact they have on one another. I don't think one can find a more comprehensive program than ThinkGive that promotes positive interactions in school. It's simply a rewarding experience that everyone should have."

Drew MacKay, Dean of Auxiliary and Co-Curricular Programs,
 The Beauvoir School, Washington, D.C.

"ThinkGive is an engaging program that taught my students to be self-aware, practice self-kindness, and be socially aware—all components of the SEL competencies. Through the program students noticed how little things can have a huge impact. ThinkGive taught my students to be conscious of what they have and the importance of gratitude. It gave my students the opportunity to find out that they all have gifts to share with others ... to make their surroundings a better and happier place."

— Jannette Moya, 4th grade teacher, Belmont-Cragin Elementary School, Chicago, IL

"How do we encourage the young people to be kind and compassionate toward one another? How can we help them recognize the impact their words and actions have on other people in their schools, their families, and their broader communities? ThinkGive has offered me, as an educator, a wonderful means for pursuing these goals. Sixth grade is a time of great transition in our all-girls middle school, when students start seeing themselves as budding teenagers. The social strains of this age can be intense, and ThinkGive prompts the girls to see the power of empathy and other practices that can make our school culture kinder and more inclusive."

Susan Lewis, 6th grade teacher,
 Nashoba Brooks School, Concord, MA