

YOUNG WOMEN'S LEADERSHIP IN ITALY

overnights

ROME 3, TUSCANY 2, MILAN 2

what's included



Round-Trip Flights



Daily Breakfast and Dinner
(unless otherwise noted)



Centrally Located Hotels



24-Hour Tour Manager

- ✓ Rome Tour with Guide and Personal Headsets
- ✓ Vatican Museums with Reservation
- ✓ St. Peter's Basilica
- ✓ Colosseum with Guide and Reservation
- ✓ Leadership Workshop at an Immigrant Relief Organization
- ✓ Global Exchange with a Local Primary School
- ✓ Leadership Workshop with Emanuela Prinzivalli of Rome University
- ✓ Rome Dinner Voucher
- ✓ Florence Tour with Guide and Personal Headsets
- ✓ Basilica di Santa Maria del Fiore (Il Duomo)
- ✓ Accademia with Reservation
- ✓ Service Project at a Donne in Campo Farm
- ✓ Siena Duomo
- ✓ Leadership Workshop with Tuscan Town Mayor
- ✓ Milan Tour with Guide
- ✓ Santa Maria delle Grazie
- ✓ Leadership Workshop with Fashion Industry Director



trip itinerary - 9 days

Day 1: OVERNIGHT FLIGHT

Depart from the USA.

Day 2: ROME

Benvenuti in Italia! Meet your ACIS Tour Manager, settle in to your hotel at the heart of bustling, historic Rome and begin your Young Women's Leadership Program. Perhaps practice your language skills by ordering *una coppa* gelato and enjoy people-watching in one of the city's stunning piazzas. Later, you can mingle with café-goers around the Pantheon and Piazza della Rotonda.

Day 3: ROME

Rome is called "The Eternal City" because the ancient Romans believed that no matter what empires rose and fell, Rome would endure forever. Today's panoramic drive of the city is a great introduction to the many phases of Roman history. Our local expert accompanies you through the **Vatican Museums**, including the **Sistine Chapel**, and **St. Peter's Basilica**, giving commentary via personal headsets. These are timed entrances, meaning you'll breeze right by the long lines facing other tourists. Then go inside the iconic and historic **Colosseum** with a local guide (another line-avoiding timed reservation) and learn the many stories of this nearly 2,000-year-old Roman landmark that's considered one of the architectural wonders of the ancient world. In the afternoon your first **leadership workshop** has you meeting with the **female head of a relief organization aimed at supporting and assisting immigrant women refugees**, often coming from Africa or the Balkans.

Day 4: ROME

This morning enjoy a **Global Exchange** focused on comparative learning and sharing dynamics at a **local primary school**. Meet with a female Italian educator and engage with the children while teaching them English (if traveling outside the school calendar, another leadership activity will be substituted). Continue the education theme in the afternoon during a **leadership workshop with Emanuela Prinziavalli, Professor of the History of Christianity at Rome University**. You'll have the opportunity to discuss the impact of Pope Francis' recent opening to the possibility of women becoming deacons in the Catholic Church. Tonight we'll provide restaurant vouchers and suggestions for our favorite *trattorias* so you can dine like (and with) the locals. After, we'll head out for a *passeggiata romana* around the Piazza Navona.



Day 5: TUSCANY

After breakfast journey north to the region of Tuscany and visit **Florence**, known as the "Cradle of the Renaissance" for its role as a center of education, art, and science. Your sightseeing tour with a local guide providing commentary via headsets shows you Brunelleschi's splendid **Duomo**, Ghiberti's famous *Baptistry Doors* and the **Piazza della Signoria**—the political center of the city. Then breeze by the crowds with your own timed entrance to the **Accademia**, which houses Michelangelo's *David*. Later continue to your picturesque lodging in the Tuscan countryside.

Day 6: TUSCANY

Today's **leadership workshop and community service** opportunity connects you with the strong **Donne in Campo organization of women farmers**. Visit one of these local, woman-run farms where you will meet with the farmer, learn about what drives her, discuss the challenges she faces and assist her for a partial work day. The specific activities completed will depend on need. In the afternoon explore **Siena**, one of Italy's best-preserved hill towns. A walking tour shows you the green and white marbled Duomo and the famous Piazza del Campo before you return to your Tuscan hill town accommodations for the evening.

Day 7: MILAN

Nearly 20% of the Italian municipalities presided over by a female mayor are in Tuscany. Stop in one of these towns for a **leadership workshop with the mayor or a senior female member of her staff** to discuss the achievements and challenges faced by women in Italian politics. Then continue north to the thriving and chic city of Milan.

Day 8: MILAN

Today discover Milan, a city renowned as one of the world capitals for design and fashion. A sightseeing tour with a local guide shows you the spectacular **Duomo, Galleria and La Scala** before you visit the church of **Santa Maria delle Grazie** to see Leonardo da Vinci's masterpiece, *The Last Supper*. Your final leadership workshop this afternoon connects you with a local **female director in Milan's thriving fashion industry**. Discuss her career path and present work as you gain an insider's perspective on an Italian fashion house. During tonight's farewell dinner at a local restaurant, you and your fellow classmates will enjoy recapping the previous nine days of amazing and unique leadership learning experiences.

Day 9: DEPARTURE

Depart for the USA.